

**Babies  
sleep  
safest  
when...**

They  
sleep

**ALONE**

on their

**BACK**

in a

**CRIB**



For more information on preventing infant sleep-related deaths, please contact the Alabama Department of Public Health at 1-800-252-1818 or 334-206-5675.

[alabamapublichealth.gov/perinatal](http://alabamapublichealth.gov/perinatal)



**ALABAMA  
PUBLIC  
HEALTH**